

BINGO

WORLD HAND HYGIENE DAY

5 MAY 2026

1. Print this instruction sheet (cut out the coloured hands below), and your bingo card. You can play individually or divide people into teams
2. Complete a square each time you perform the hand hygiene action listed
3. Place or stick a hand cut-out over the completed square
4. Aim to complete a line (horizontal, vertical or diagonal) — or challenge yourself to fill the whole card!
5. Celebrate and share your progress with your team

