



# STAND UPPP FOR INFECTION PREVENTION

UNITE  
PREVENT  
PROTECT  
PREVAIL

**INFECTION PREVENTION & CONTROL WEEK**  
**19-25 OCTOBER 2025**

**QUIZ**

**1. The “STAND UPPP for IP” call reminds us to:**

- A. Unite, Prevent, Protect, Prevail
- B. Understand, Practice, Promote, Persist
- C. Sanitise, Treat, Apply, Nurture Daily
- D. Universal Precautions, PPE, Policy, Prevention

**2. Hand hygiene is considered the single most effective action to prevent the spread of infection. (True/False)**

**3. Which of the following is NOT a standard precaution?**

- A. Hand hygiene
- B. Use of PPE
- C. Safe handling of sharps
- D. Prescribing antibiotics

**4. Infection prevention is everyone’s responsibility. Who should “stand up” for IP?**

- A. Nurses only
- B. Doctors only
- C. Cleaners and food services staff only
- D. All staff, visitors, and volunteers

**5. Unite means working together across all roles and departments to stop infections from spreading. (True/False)**

**6. Preventing infections through vaccination is an example of which principle?**

- A. Prevent
- B. Protect
- C. Prevail
- D. Unite

**7. Wearing gloves always replaces the need for hand hygiene.**

(True/False)

**8. Protecting residents and patients includes:**

- A. Using PPE correctly
- B. Maintaining a clean environment
- C. Safe handling of blood and body fluids
- D. All of the above

**9. Prevail in infection prevention means overcoming challenges and reducing harm from infections.** (True/False)

**10. Which slogan best captures the spirit of “STAND UPPP for IP”?**

- A. “It’s someone else’s job.”
- B. “Infection prevention is optional.”
- C. “Together we can Unite, Prevent, Protect, and Prevail.”
- D. “Prevention is only for outbreaks.”

**11. Cleaning and disinfecting are the same process.** (True/False)

**12. What does the acronym “PPE” stand for?**

- A. Personal Protection Equipment
- B. Protective Personal Essentials
- C. Personal Protective Equipment
- D. Public Protection Essentials

**13. IPC measures only apply to healthcare workers.** (True/False)

**14. Which of the following is considered a form of personal protective equipment (PPE)?**

- A. Apron
- B. Gloves
- C. Mask
- D. All of the above





# QUIZ ANSWERS

1. A. Unite, Prevent, Protect, Prevail
2. True
3. D. Prescribing antibiotics
4. D. All staff, visitors, and volunteers
5. True
6. A. Prevent
7. B. False – gloves are not a substitute
8. D. All of the above
9. True
10. C. “Together we can Unite, Prevent, Protect, and Prevail.”
11. False
12. C. Personal Protective Equipment
13. False
14. D. All of the above

