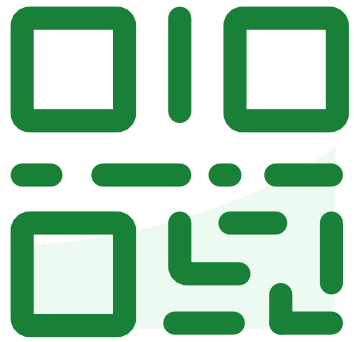# IPC Train the Trainer

Establishing and providing education and promotional material for Aged Care IPC

Acknowledgment of Country

ACIPC acknowledges Aboriginal and Torres Strait Island people as the traditional custodians of country throughout Australia and respects their continuing connection to culture, land, waterways, community, and family.

Join at slido.com
#3520373

Q&A

- Questions and comments are encouraged

- Please place all questions/comments in the Q&A function of the webinar for presenters to respond

- Any unanswered questions from the webinar will be posted in the 'aged care connexion' forum.

- Webinar recording and PowerPoint will be uploaded onto the ACIPC Aged Care IPC Webinar Series webpage https://www.acipc.org.au/acipc-aged-ipc-webinar-series/ post the session

- Note: Certificates of Attendance are not provided for the CoP webinars

Aged Care IPC Resources

One stop shop aged care IPC resources – anything you need in aged care IPC is located on this page

https://www.acipc.org.au/aged-care/resources-australasian-aged-care/

Webinar resources, templates, guides are all also located here

Note: Companion Animals in Aged Care Resources
https://www.acipc.org.au/resources/companion-animals-in-aged-care/

You do not need to be a member to access

Aged Care - this is your space!

Aged Care Connexion

For further discussions or questions, please jump onto the ACIPC website Aged Care Connexion and add a post.

The forum is moderated and a safe place for aged care communications.

https://www.acipc.org.au/members/aged-care-connexion/

You do **not** have to be an ACIPC member to post

MEMBERS ONLY

Aged Care Connexion Discussion Group

Aged Care Connexion Discussion Group is a new web-based forum allowing members working in aged care to participate in a community of practice with colleagues in aged care and in the broader IPC community.

ACIPC Aged Care Community of Practice -Webinar Series

Next webinar:

Wednesday 16 July 2025, 2.00PM AEST

Speaker: Dr Jacqui Richmond, Program Manager, Workforce Development and Health Service Delivery- EC Australia at Burnet Institute

Management of blood borne viruses in aged care

The management of Blood Borne Viruses (BBV), specifically hepatitis B, hepatitis C and HIV, has evolved significantly over the past decade. Resulting in longer life expectancy allowing people with BBVs to live longer and move into aged care facilities. While the IPC management of BBVs has not changed – implementing standard precautions is all that's needed to prevent transmission – there is a lot we can do to support older people living with BBVs. This presentation will provide an overview of the advancements in the management of BBVs, with a specific focus on aged care settings.

About the speaker: Jacqui Richmond is a registered nurse with a PhD who works at the Burnet Institute, in the Eliminate hepatitis C Australia Partnership. Jacqui also facilitates the BBV testing course for ACIPC and the Foundations of IPC. The broad focus of Jacqui's work is building the capacity of the health workforce to test, treat and manage the health care needs of people living with viral hepatitis.

To register, please click the link below: https://us02web.zoom.us/webinar/register/WN_jY5dHGjtSP68m8QNzSoP0w

Where are you based?

What is your role?

What words (or feelings) come to mind when you think about teaching or educating others? (1-3 words)

Perri Waddell

2024 WANMEA Nurse of the Year, is a gerontology nurse and passionate advocate for aged care nursing. A migrant and hospital-trained nurse, Perri has called Australia home for 22 years. She holds a Master's in Clinical Nursing (Gerontology), a Bachelor of Dementia Care, and a Postgraduate Certificate in Infection Control. As a credentialled IPC Primary and contracted facilitator for ACIPC's FIPC course, she has supported over 600 students. Currently working in Australia's most remote residential aged care facility, Perri understands the frontline challenges IPC Leads face in delivering best practice.

Objectives

- Identify opportunities and options for IPC education

- Learn to plan and deliver effective education sessions

- Develop impactful promotional materials

- Refresh PowerPoint design skills

- Increase confidence in IPC knowledge transfer

Refresher- Aged Care IPC Governance

Aged Care Quality Standards govern IPC in aged care

Standard 7(3)(c): Workforce competency in IPC

Strengthened Standards (Effective November 2025)
Expand IPC requirements

Key Resource: Aged Care IPC Guidelines (2024)

Aged Care Quality and Safety Commission [ACQSC] (2023)
Australian Commission on Safety and Quality in Health Care [ACSQHC]. (2024)

Refresher- Aged Care IPC Governance

- Standard 1: The person
- **Standard 2: The organisation**
- Standard 3: Care and services
- **Standard 4: The environment**
- **Standard 5: Clinical care**
- Standard 6: Food and nutrition
- Standard 7: The residential community

Strengthened Quality Standards

Provider Guidance

20 December 2024

Refresher- Aged Care IPC Lead role

- Provide IPC oversight & audits

- Review routine IPC processes

- Involve in policy development

- Assess staff IPC capabilities & educate staff

- Ensure outbreak preparedness & management

Aged Care Quality and Safety Commission [ACQSC] (2023)
Image: https://www.freepik.com/author/asier-relampagoestudio

New Requirements for the IPC Lead

The provider needs to "*Make sure your IPC system includes processes to appoint an IPC Lead*"

The IPC Lead role will:

- Acts as the main point of contact for all infection issues.

- Oversees IPC systems and processes to prepare for outbreaks.

- Be a nurse who has completed, or is in the process of completing, the required specialist IPC training

Aged Care Quality and Safety Commission [ACQSC] (2023)
Image: https://www.freepik.com/author/asier-relampagoestudio

The Challenges of Aged Care Facilities

Unique RACF challenges

- Vulnerable populations, communal living spaces
- Common infection risks (ARIs, norovirus)
- Environmental design (home like)

Unique workforce challenges

- Diverse language and literacy skills
- Transient workforce- high agency use, casualised staff
- Inconsistent dedicated IPC lead hours
- Existing RN/IPC Lead workload burden

(Tropea et al., 2023)
Image: https://www.freepik.com/author/asier-relampagoestudio

Educating and promoting IPC-
Where to start?

Identify Critical Areas:

• Identify immediate IPC education needs

(e.g. Recent outbreaks, surveillance data, new staff).

Training Needs Analysis:

• Current Knowledge

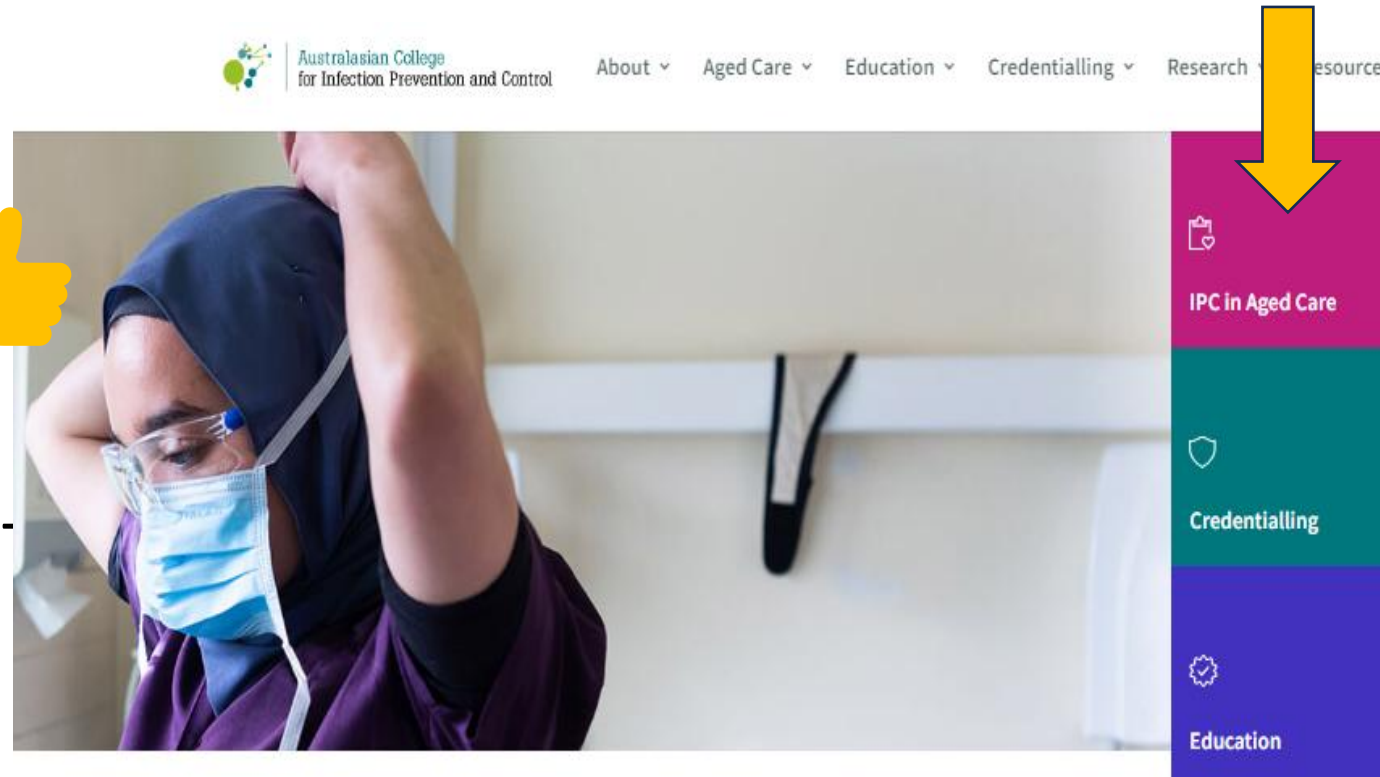• Specific Needs –what type of learner?

• Role-Specific Needs

Image: https://www.freepik.com/author/designnahar

Educating and promoting IPC-
Gathering your resources

- Locate organisational IPC guidelines

- **Access ACIPC Aged Care Forum!** 👍

- Only use evidence-based guidelines- see **The Aged Care Infection Prevention and Control Guide (2024)**

ACIPC (nd) Home page. https://www.acipc.org.au/
ACSQHC (2024) The Aged Care Infection Prevention and Control Guide

Educating and promoting IPC-
Don't reinvent the wheel

- ACIPC- Aged Care CoP, Lunch and Learns, recorded webinars
- Department of Health and Aged Care provides aged care COVID-19 training.
- ACQSC Aged Care Learning Information Solution (ALIS).
- ACQSC educational videos on hand hygiene.
- The National Hand Hygiene Initiative's (NHHI) Learning Management System -
  - o The basics of infection prevention and control in aged care
  - o **The basics of infection prevention and control in aged care: Train the Trainer**
  - o Hand hygiene for non-clinical healthcare workers
  - o Hand hygiene for clinical healthcare workers
  - o Principles of infection prevention and control.

(ACSQHC, 2024)

What teaching tools have you used before?
If you haven't used any just type in 'None'

ⓘ The Slido app must be installed on every computer you're presenting from

slido

Educating and promoting IPC-
Inventing the wheel

- PPT crash course!

1. Consider using templates- Microsoft®, Slidemodel®-

2. No walls of text- 5-5-5 rule

3. Be mindful of colours and fonts-

4. Use animation sparingly

5. Engage your audience

Ashby, 2024
https://slidemodel.com/free-powerpoint-templates/

What Went Well Slide Template

What didn't go well

Insert your desired text here.

What went well

Insert your desired text here.

What can be Improved?

Insert your desired text here.

Slidemodel®

Results of Gastro Outbreak Evaluation June 2025

What didn't go well?

Delayed recognition of criteria for gastro outbreak → 4 cases before outbreak plan activated
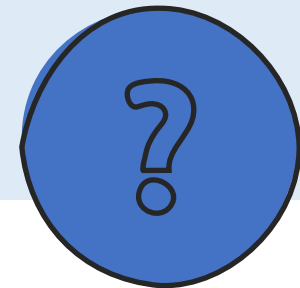
What went well?

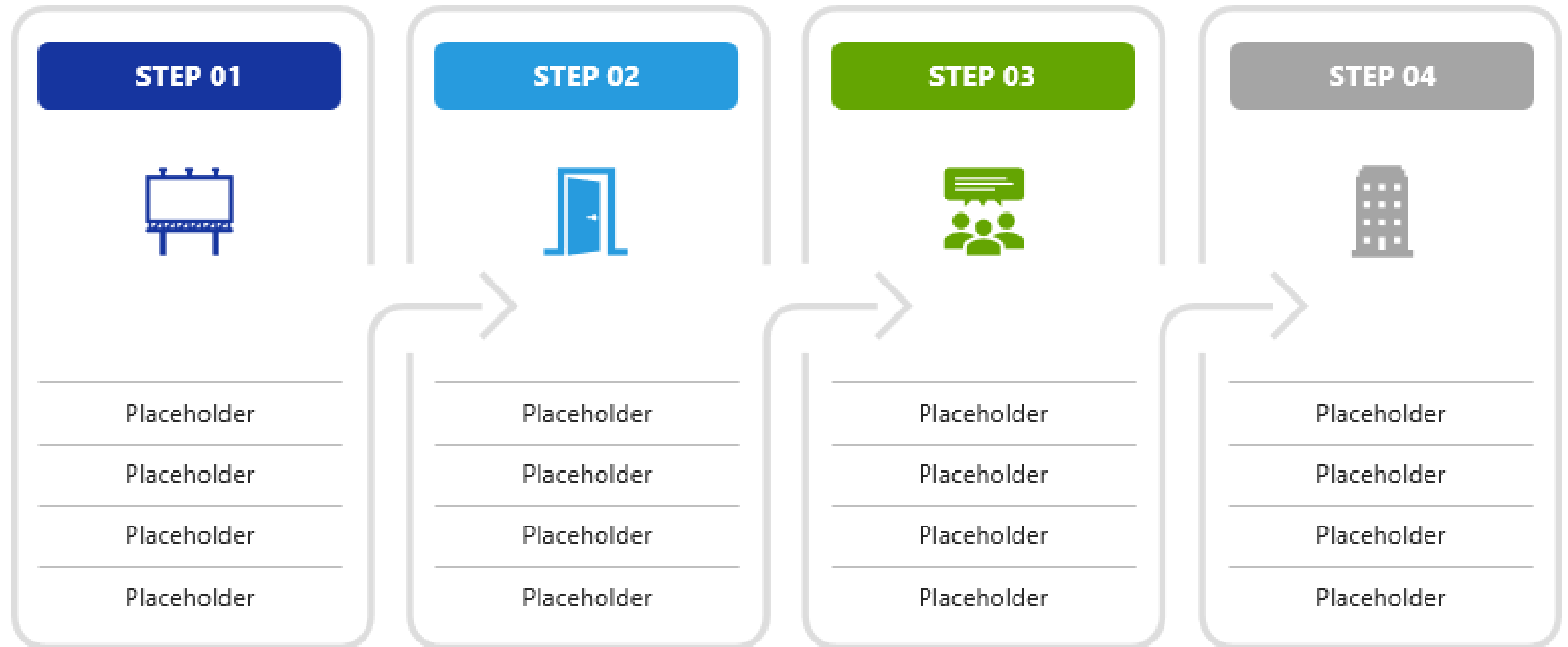No staff cases due to excellent PPE use- especially doffing and hand hygiene
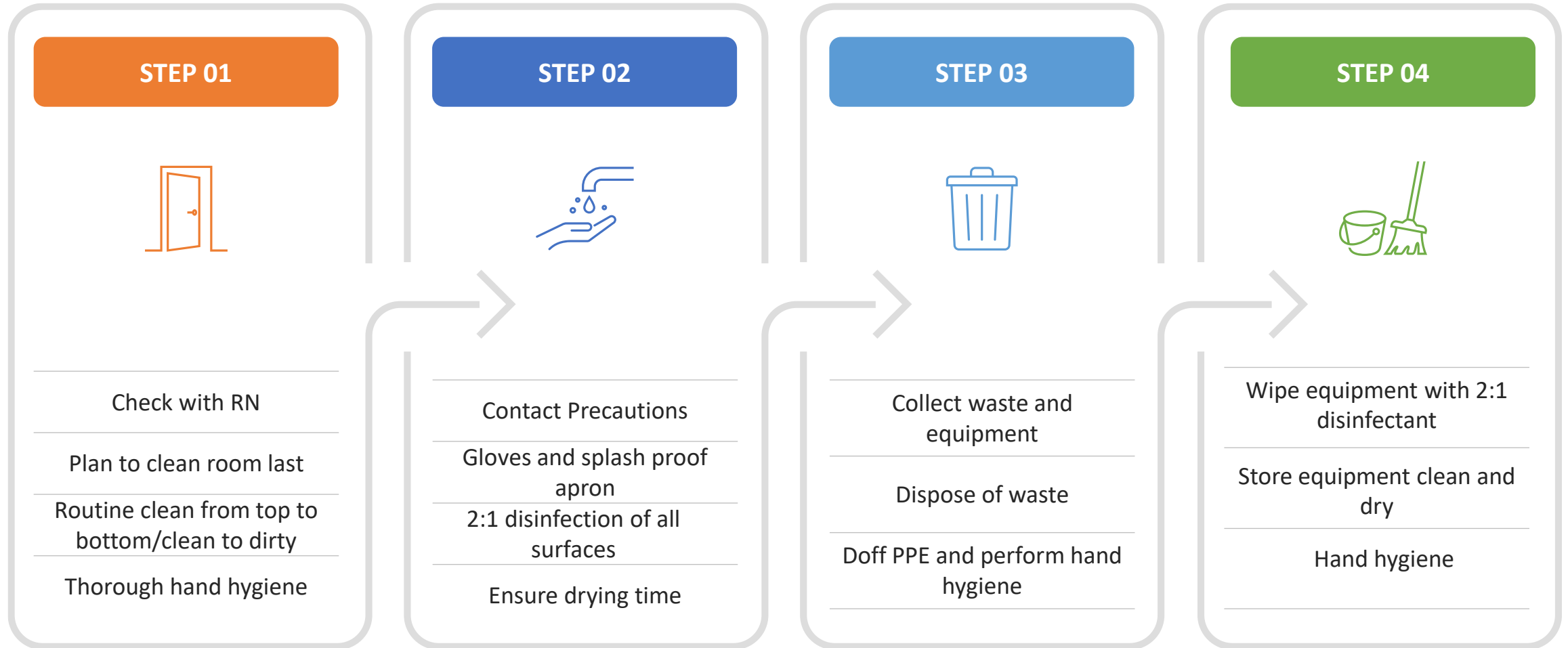
What can be Improved?

Prompt recognition and activation of outbreak plan- 2 or more gastro cases in 24 hours

Simple Horizontal Process Flow Diagram

STEP 01	STEP 02	STEP 03	STEP 04
Placeholder	Placeholder	Placeholder	Placeholder
Placeholder	Placeholder	Placeholder	Placeholder
Placeholder	Placeholder	Placeholder	Placeholder
Placeholder	Placeholder	Placeholder	Placeholder

Steps to clean Room 22- MRSA in leg wound

STEP 01	STEP 02	STEP 03	STEP 04
Check with RN	Contact Precautions	Collect waste and equipment	Wipe equipment with 2:1 disinfectant
Plan to clean room last	Gloves and splash proof apron	Dispose of waste	Store equipment clean and dry
Routine clean from top to bottom/clean to dirty	2:1 disinfection of all surfaces	Doff PPE and perform hand hygiene	Hand hygiene
Thorough hand hygiene	Ensure drying time		

6-Item Infographic Boxes PowerPoint Template

Placeholder
This is a sample text. Insert your desired text here.

Placeholder
This is a sample text. Insert your desired text here.
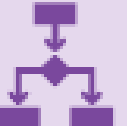
6-ITEM
Infographic Boxes

Placeholder
This is a sample text. Insert your desired text here.

Placeholder
This is a sample text. Insert your desired text here.

Placeholder
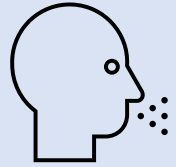This is a sample text. Insert your desired text here.

Placeholder
This is a sample text. Insert your desired text here.
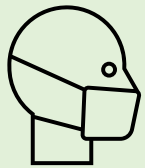
Outbreak quick guide

Acute Respiratory Infection (ARI)
Recent onset of new or worsening ARI symptoms: cough, breathing difficulty, sore throat, runny nose congestion, with or without other symptoms.

Gastroenteritis Outbreak
2 or more people (residents or staff) ill with vomiting or diarrhoea within 24 hours of each other.
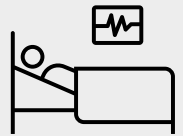
Isolate with PPE station
Set up room for isolation
Strict standard precautions plus full PPE incl. N95 mask until further advice.

For any suspicion of an outbreak contact your IPC Lead- Mary Smith on xxxx xxx xxx

Isolate with PPE Station
Set up room for isolation
Strict standard precautions plus contact precautions
Manage staff movement.

Clinical assessment
Vital signs,
Inform GP -RAT and antivirals as advised.
Inform NOK and GP

Clinical Assessment
Vital signs
Commence fluid balance chart
Inform GP and NOK

Follow any further advice and directives from the IPC Lead as per the Outbreak Management Plan

Educating and promoting IPC-
Staying on track

- Session planner or session plan

- Practice, Practice and Practice again

- Book your space and set up before the session

- Check technology works!

- Plan time for ice breaker and questions

- Read the room and be prepared to change the pitch

- Repeat key points often

- Redirect attendees back to the agenda

Educating and promoting IPC-
Staying on track

- Session planner is your road map while you are the bus driver with a bus full of 'students'

- Use your organisational branded template

OR

- Google free session plan templates eg: *https://templatelab.com/session-plan-templates/#Free_session_Plan_Templates*

Lesson Plan Template

Name:

Topic:

Date:

Student Objectives/Student Outcomes:

Content Standards:

Materials/Resources/Technology:

Trainer's Goals:

Time	Content
	Start of Session:
	Introduction of Lesson:
	Lesson Instruction:
	Assessments/Checks for Understanding:
	Closure/Wrap-Up/Review:
	Self-Assessment:

Educating and promoting IPC-
Education tools

Hand Hygiene

- **Infographic or Practical scenario:** Handwashing vs. hand sanitizing.

- **Poster:** Visual guide for techniques

PPE Usage

- **Practical scenario:** Simulated donning/doffing PPE demo

- **Quick Reference Card:** Checklist for PPE sequence.

Cleaning and Disinfection

- **Guide:** Step-by-step guide for different areas.

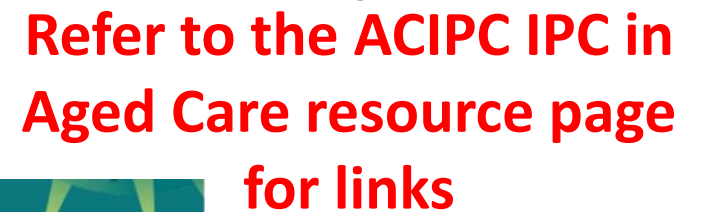- **Checklist:** Daily and weekly cleaning tasks.

Refer to the ACIPC IPC in Aged Care resource page for links

Educating and promoting IPC-
Education tools

Infection Criteria

- Flowchart
- FAQ Sheet

Vaccination

- Flyer
- Infographic

AMS

- Poster
- FAQ Sheet

Refer to the ACIPC IPC in Aged Care resource page for links

Educating and promoting IPC-
Make it fun!

- Use an interesting or funny personal IPC experience

- Engage participants- what they hope to learn or an interesting fact about themselves

- Create a safe and comfortable space

- Make promotional material bright and interactive

- Check in with participants understanding regularly
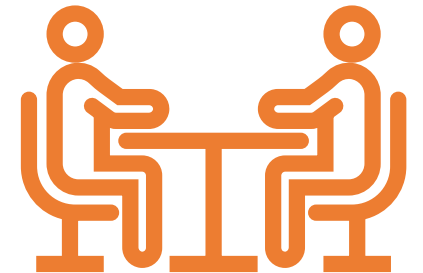
(NHHI- Train the trainer)
Image: https://www.freepik.com/author/8photo

Educating and promoting IPC-
Providing feedback

- Consider confidentiality, privacy and sensitivity in providing feedback

- Feedback can be:
  - ✓ Brief
  - ✓ Formal
  - ✓ Major
  - ✓ Can literally be 'on the fly'

- Be objective and constructive and always state "...*as per the guidelines/standards/organisational policy*..."

Educating and promoting IPC-
The compliance stuff

- Attendance record of any training

- Training records

- Evaluation records

- Record and analyse the evaluation forms

- Continuous improvement plans

  ✓ Include promotional material in the CI plan

Educating and promoting IPC-
Promotional tools

Posters and Flyers

- Design

- Placement

Digital Content

- Email Blasts

- Social Media Posts

Meetings and Workshops

- Interactive Sessions

In Aged Care the IPC Lead must be appropriately qualified

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A session planner is helpful because:

At the end of this session I am feeling better equipped to: (Select all that apply)

The Slido app must be installed on every computer you're presenting from

slido

Helpful resources

- ACIPC Community of Practice (CoP) https://www.acipc.org.au/aged-care/

- ACQSC IPC Resource Collection: https://www.agedcarequality.gov.au/providers/clinical-governance/infection-prevention-control/ipc-resource-collection?tid=8559

- ACSQHC Infection Prevention and Control Handbook (2023): https://www.safetyandquality.gov.au/sites/default/files/2023-05/infection_prevention_and_control_workbook_-_may_23.pdf

- ACSQHC_ NHHI_ LMS IPC modules- https://www.safetyandquality.gov.au/our-work/infection-prevention-and-control/national-hand-hygiene-initiative/national-hand-hygiene-initiative-nhhi-learning-management-system-lms

- Infographics and other free PPT templates- https://slidemodel.com/free-powerpoint-templates/

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_leads_fact_sheet.pdf

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https://www.safetyandquality.gov.au/sites/default/files/2024-08/The-Aged-Care-Infection-Prevention-and-
Control-Guide.pdf

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Residential Aged Care Homes – Final Report.* https://www.health.gov.au/resources/publications/evaluation-of-the-
infection-prevention-and-control-nurse-lead-role-in-residential-aged-care-homes-final-report

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M., Yates, P., Aboltins, C., Johnson, D., Kwong, J., Long, K., McCahon, J., & Lim, W. K. (2023). IMpleMenting Effective
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implementation study. BMC geriatrics, 23(1), 109.https://doi.org/10.1186/s12877-023-03766-9

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https://studyonline.uts.edu.au/blog/principles-adult-learning-use-employee-development

Q & A

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Aged Care

IPC Community of Practice:
Aged Care Connexion
Resources
Webinars

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