# Pets in Aged Care

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# Lifeview

✓ Victorian based ✓ Relationship centred  $\checkmark$  Living life to the fullest ✓ Celebrate ageing ✓ Rainbow Tick accredited ✓ Drive cultural change ✓ Create treasured moments ✓ Over 80% of residents living with some degree of dementia





- ✓ We know the human-animal bond is special but traditionally when someone moved into aged care their beloved pet could not come with them, causing further heartbreak for both
- ✓ This situation is however slowly changing (18% of providers now accept pets)
- ✓ Lifeview's experience of having pets move into care overcoming objections, changing the narrative and improving resident wellbeing

# Meet Paul & Bonny

- ✓ Originally came into care mid 2022
- ✓ Eventually left against all advice
- ✓ Moved back late 2022
- Confided could not live without Bonny and this was causing him to be unsettled and depressed
- ✓ Bonny moved in early February



"My mental health has improved, this is my forever home, I can really settle now"

### **House of Wellness**

- ✓ Here from Paul about his experience living in care with his dog Bonny
- ✓ <u>House of Wellness</u>



# Why Pets?

- ✓ Eden philosophy
- ✓ We are pet lovers
- Understand the bond between pets and people
- Need to offer what the market wants
- ✓ We have seen the benefits





# What is truly Pet Friendly?

- Residents can have their own pets live with them – dogs, cats, birds, rabbits
- ✓ Not just visiting pets pet therapy
- ✓ Not just one shared pet in a facility
- ✓ Home has its own policies and procedures on pets
  - ✓ Pet policy
  - ✓ Pet application form and care plan
  - Resident agreement (terms and conditions)

# **The Rules**

- ✓ No pets in the dining room; on lead
- ✓ Resident must be able to care for the pet inc. cleaning up after them
- ✓ All vaccinations must be up to date and a vet must clear the pet to live in a communal environment
- ✓ Must be a plan in place should the resident no longer be able to care for the pet – no dumping



# **CAN and ACIPC**

Companion Animal Network Australia

- Australasian College for Infection Prevention and Control
- Celebrate the human-animal bond and promote responsible pet ownership
- ✓ Mid-2022 collaboration began when we filmed the TV show Pooches at Play featuring resident Daphne and Annie
- ✓ Via CAN and ACIPC providers can access ready made policies; ideas and support
- CAN currently running a Pet Friendly Aged Care campaign and survey to better understand the role of pets in healthy ageing

#### **Positive Press Coverage**

#### Constantly striving to tell positive aged care stories











## **Nine News**

- ✓ Here from Paul and Daphne about their experience living in care with their dogs Bonny and Annie
- ✓ <u>Nine News Pets in Aged Care</u>



# Impact of Pets in the Home

- ✓ Easier transition for the resident to care
- ✓ Less loneliness, isolation, depression
- Resident maintains independence and mobility
- Other residents benefit from regular pet interactions
- ✓ Pets are not surrendered to shelters





# **Strengthened Standards**

✓ Aligns with Strengthened Standards

- 1.1: Person-centred care
- 1.3: Choice, independence and quality of life
- 3.2: Delivery of care and services
- 7.1: Daily living
- ✓ Higher Everyday Living Fee
  - Opportunity to provide specialist pet services for a fee such as visiting groomers
  - Assistance with caring for the pet when the resident can no longer – keeping them together

# Learnings and Tips

- ✓ Resident must own pet prior to moving in
- ✓ Self cleaning litter boxes; Baby gates
- ✓ Cat run; pet friendly garden spaces
- ✓ Don't stress big change for resident and pet
- ✓ Staff can cope they have a heart
- ✓ Ask why not don't be a glass half empty person
- ✓ Use free resources to overcome objections



CAN Pet Friendly Aged Care Survey

https://petfriendlyagedcare.com.au/surveys/

Join the list of pet friendly providers, contact

- Trish Ennis, CEO CAN tennis@australiacan.org.au

**ACIPC** Resources

https://www.acipc.org.au/resources/companionanimals-in-aged-care/



### Questions



