The 4 moments of hand hygiene

when you visit our aged care facility



As you enter the building



After touching shared items



When you enter or exit a resident area



As you exit the building

Please use hand sanitiser every time you...

1. Arrive	Why?	To stop germs on visitors' hands coming into the aged care facility
2. Touch shared items: Lift buttons, chairs, hand railings, leaning on counters, bathrooms	Why?	To protect yourself from the germs of others who touched those surfaces and objects
3. Enter or exit a patient care area	Why?	To protect people – and spaces where they receive their treatment – from harmful germs
4. Leave	Why?	To protect yourself from germs you have had contact with in the aged care facility



